

## VITAMINS

<b>PRODUCT</b>	<b>ROUTE</b>	<b>BENEFITS</b>
<b>ALPHA LIPOIC</b>	<b>IM</b>	<b>ANTIOXIDANT BRAIN AND NERVE HEALTH</b>
<b>ARGININE</b>	<b>IV BAG</b>	<b>INCREASES EXERCISE PERFORMANCE</b>
<b>BI AMINO</b>	<b>IV BAG</b>	<b>MUSCLE INDURANCE, MUSCLE MASS, MUSCLE RECOVERY</b>
<b>B PLEX</b>	<b>IV PUSH</b>	<b>INCREASE METABOLISM IMMUNITY CARDIAC HEALTH DECREASE INFLAMMATION</b>
<b>BIOTIN</b>	<b>IV BAG</b>	<b>HEALTHY SKIN AND NAILS, LOWERS BLOOD GLUCOSE, METABOLISM</b>
<b>CALCIUM GLUCONATE</b>	<b>IV BAG</b>	<b>UPTAKE OF AMINO ACIDS, ABSORBTION OF B VITAMENS</b>
<b>COQ10</b>	<b>IM</b>	<b>ANTIOXIDANT, PROTECTS FROM EFFECTS OF SUN AND AGING</b>
<b>CHROMIUM</b>	<b>IV BAG</b>	<b>DECREASES INSULIN RESISTANCE INCREASES CARB AND FAT METABOLISM</b>

<b>GLYCINE</b>	<b>IV BAG</b>	<b>HORMONE MAINTAINENCE, HEART AND LIVER HEALTH, SLEEP REDUCE MUSCLE LOSS, REDUCE BLOOD ALCOHOL LEVELS PROTECTS AGAINST ALCOHOL INDUCED LIVER TOXICITY</b>
<b>GLUTATHIONE</b>	<b>IV PUSH</b>	<b>REDUCE FREE RADICALS IMMUNITY PREVENTS PREMATRURE AGING</b>
<b>LIPO B</b>	<b>IM</b>	<b>FAT METABOLISM, SERATONIN LEVELS, EXCRETE WASTE PRODUCTS</b>
<b>LYSINE</b>	<b>IV PUSH.</b>	<b>IMMUNITY, DECREASES ANXIETY, DECREASES BP</b>
<b>MAGNESIUM CHLORIDE</b>	<b>IV BAG.</b>	<b>NEURO SUPPORT, INCREASES ENERGY, DECREASES BP AND STRESS</b>
<b>PYRIDOXINE (VIT B6)</b>	<b>IM</b>	<b>IMMUNITY, WBC ACTIVITY</b>
<b>TRALEMENT</b>	<b>IV BAG</b>	<b>HELPS WITH FATIGUE AND MUSCLE RECOVERY</b>
<b>VITAMIN C</b>	<b>IV BAG</b>	<b>REDUCES FREE RADICALS PREVENTS PREMATURE AGING</b>

<b>VITAMIN B12</b>	<b>IV BAG</b>	<b>INCREASES MUSCULAR ENDURANCE, DECREASES FATIGUE</b>
<b>ZINC</b>	<b>IV BAG</b>	<b>DEVELOPMENT OF CELLS IMMUNITY, DECREASES HAIR LOSS</b>